

## October Drill for Skill



ALL LEVELS WELCOME!! | SIGN UP AT PERSIMMON FITNESS CTR (480-386-8916 #9) \$15 PER PLAYER(limit 8 attendees) | Questions? Call Chris Brewer @ 623-551-6237 or David Smith @ 602-529-4778

DRILL for SKILL	DATE	TIME
<b>Third Shot Drive, Drop, and Lob</b> – work on all three in this fast-paced drill	Monday, Oct 7th	10:30 – 11:30
The Ultimate Drill for Skill Class! – we work on three drills that you can use throughout the year to improve your game	Monday, Oct 14th	10:30 – 11:30
Cardio Pickleball – Up tempo class - come prepared to work up a sweat and get your heart pumping as we work on three shots to help your game	Monday, Oct 21st	10:30 – 11:30
<b>Doubles Strategy</b> – switching, stacking, and isolating	Monday, Oct 28th	10:30 – 11:30

